

English Book Club

Monday, February 4th, 2019

At 6:00 P.M

Join us to discuss

Love Rules

By Joanna Coles

City of Commerce

Bandini Neighborhood Library

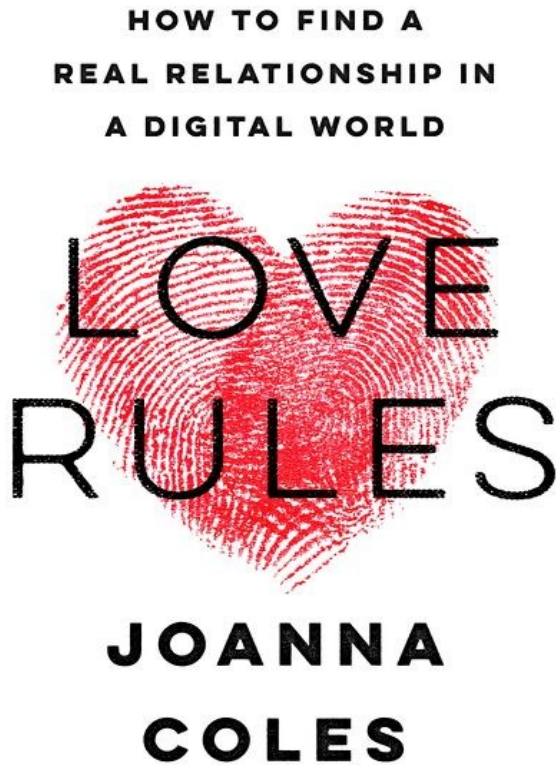
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For more information call

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(323) 780-1176



Just as there is junk food, there is junk love. Like junk food, junk love is fast, convenient, and superficially tasty. And both require enormous amounts of willpower to resist.

Social media and online dating sites have become the supermarkets of our relationship lives. *Love Rules* first asks women to re-assess the way they think about their relationships, and then helps them use that newfound awareness to navigate their love lives more successfully in this very modern, fast-paced, and often lonely, digital age.

Former Editor in Chief of *Cosmopolitan* and *Marie Claire*, Joanna Coles, provides a series of simple guidelines for finding worthwhile love: fifteen rules, love "hacks." She also explains how to use dating apps effectively to expand real world connections and how to avoid DADD, dating attention deficit disorder, where the tantalizing promise of someone better appears to be only the next swipe away.

Love Rules will enable you to identify what you want in a relationship, when you should pursue it, and how to find it.



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